

FOX PRIMARY SCHOOL SUMMER 2021 LUNCH MENU

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup and bread	Soup of the Day				
Meat/ Fish Main Course	Macaroni Cheese Bake	Coconut Chicken Curry	Vegetarian Stir-fry Noodles	Teriyaki Chicken Thighs	Fish fingers
Vegetarian Main Course		Sweet Potato and Lentil Curry		Moroccan vegetable stew	Vegetarian Sausages
Carbohydrates		Steamed Rice		Steamed Jasmine Rice	Chips
Vegetables	Broccoli	Roasted Cauliflower and Potatoes	Steamed Vegetable medley	Steamed Carrots	Mushy Peas Baked Beans
Salad	Avocado and Cucumber salad	Mango and Green leaf salad	Greek salad	Roasted Chickpea and Spinach salad	Special Salad of the Week
Dessert	Raspberry Sorbet with fresh fruit	Fruit Jelly and Cream	Vegan Chocolate Cake with Chocolate sauce	Pineapple drizzle cake	Fresh Tropical Fruit Salad

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup and bread	Soup of the Day				
Meat/ Fish Main Course	Baked Potatoes	Vegetable Lasagne	Roast Chicken with gravy	Beef Burgers	Baked Salmon Fillet
Vegetarian Main Course	Baked Beans and Cheese		Vegetable Wellington	Vegetarian Burgers	Penne Pasta with Spinach and Tomato Pesto
Carbohydrates			New Potatoes	Potato Wedges	
Vegetables	Steamed Green Beans	Steamed Vegetable medley	Steamed Carrots and Peas	Sweetcorn	Broccoli
Salad	Salad Nicoise	Greek salad	Kale and Pepper Salad	Tomato, Mint and Red Onion salad	Special Salad of the Week
Dessert	Raspberry Sorbet with fresh fruit	Banoffee Pie and Cream	Cheese and Crackers	Vanilla Ice Cream	Fresh Tropical Fruit Salad

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup and bread	Soup of the Day				
Meat/ Fish Main Course	Cheese and Tomato Bruschetta	Chicken Curry	Pork Sausage Hotdog rolls	Chicken Fajita Wraps	Vegetarian Burgers
Vegetarian Main Course		Vegetable Curry	Vegetarian Sausage Hotdog rolls	Vegetable Fajita Wraps	Mexican Quinoa Stuffed Peppers
Carbohydrates		Turmeric Rice	Tortilla Chips		Chips
Vegetables	Rainbow Coleslaw	Steamed Green Beans	Tex-Mex Salad	Broccoli	Sweetcorn
Salad	Caesar Salad	Basil, Watermelon and Feta Cheese salad		Fattoush Salad	Special Salad of the Week
Dessert	Raspberry Sorbet with fresh fruit	Sticky Toffee Pudding	Cheese and Crackers	Banana Sponge Cake with Custard	Fresh Tropical Fruit Salad

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