

Fox PSHE/SEAL/Citizenship Curriculum Overview 2015

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSHE whole school half-termly theme:	Loving Learning (Fox values) <ul style="list-style-type: none"> • Rights and responsibilities • Gifts and Talents • Understanding and practising democracy • Getting to know each other • Self-awareness • Working together • Communication and participation 	Be friendly, Be wise <ul style="list-style-type: none"> • Making and sustaining friendships • Conflict resolution • Keeping safe at home, school and outdoors • Managing risk • Anti-bullying • Feeling safe • Where to go in an emergency • Drugs education 	Making a Difference (Fox Values) <ul style="list-style-type: none"> • The wider community • Rights and responsibilities • Local democracy • Voluntary groups • Fund-raising events • Environmental awareness • Globalisation • Money/economic understanding 	Living long, living strong <ul style="list-style-type: none"> • How my body works • Healthy eating and exercise • Goal-setting and motivation • SRE: Growing and caring for ourselves, valuing difference, puberty 	Relationships <ul style="list-style-type: none"> • Identity and self-esteem • Comfortable and uncomfortable relationships • Peer influence • Problems in relationships • Where to go for support • Anti-bullying • SRE: positive relationships, types of relationships 	Looking ahead/growing up <ul style="list-style-type: none"> • Managing change • SRE: puberty and reproduction • Preparation for transition • Feelings and emotions
WHOLE SCHOOL FOCUS:	<ul style="list-style-type: none"> • Classroom contracts • Setting up new school council • International week • Harvest festival 	<ul style="list-style-type: none"> • Black History Week • Anti-bullying week • Bonfire Night • Human Rights Day 	<ul style="list-style-type: none"> • School council visit • Mayor and feedback to school • Recycling/eco week 	<ul style="list-style-type: none"> • Mother's day • Red nose day • Fair trade fortnight • Walk to school week 	<ul style="list-style-type: none"> • Father's Day 	<ul style="list-style-type: none"> • World Environment day • Summer fair • FSA fun run • Sports week • Meet the teacher
WHOLE SCHOOL ON-GOING	<ul style="list-style-type: none"> • Massage in schools programme - this unique, child-centered programme makes a significant contribution to children's emotional well-being and their constructive social behaviour. The programme lets the children explore the issue of appropriate touch, respect for each other, the differences between each other. Massage can help the children to get ready for learning by being more focused and it creates a calm learning environment. • Weekly theme - every week teachers will spend 10 minutes in class discussing the 'Weekly theme'. This could be something topical, a specific event or something that teachers feel should be discussed in class. • Mindfulness - This is introduced to the children in KS2 and provides children with an understanding of how they can train their minds to enable them to notice their thoughts and emotions and identify a difference between impulses and actions. Practicing Mindfulness encourages more careful decision-making. Young people will empathise more, learn from each other, discover how to make the most of relationships, know how to balance 'doing' and 'being'. • Book club - Each half term Fox holds a book club open to Year 5 and 6 children and their parents. The themes and issues throughout the book are discussed and commented on by children, teachers and parents. Children are encouraged to offer their own thoughts and opinions as well as listening respectfully to those of others. 					

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	<p>• Debate - Year 4 are part of the 'Debate mate' project with Year 4 from Ashburnham school, in which they learn the rules and skills of debating and take part in weekly debating sessions. Debate helps the children develop a lot of key skills such as respecting others point of views, expressing opinions on given subjects politely etc. Each class across the school will take part in at least 1 debate lesson each year.</p> <p>Body and Soul: Active learning for relationship education with 9-11s - possible resources and lesson plans are referenced in orange, with page numbers.</p> <p>Drugs and Alcohol Education - all lesson plans on system and referenced in red</p> <p>Sex and Relationships Education - all lesson plans on system and referenced in green</p>					
<p>SCHOOL ASSEMBLIES</p>	<ul style="list-style-type: none"> • Harvest festival • E-safety • School council • Rosh Hashanah • Diwali • Eid-ul-alha • Yom Kippur 	<ul style="list-style-type: none"> • Fire/firework safety • Anti-bullying week • Black history week • Playground buddies • Goal setting • Humanism and morals 	<ul style="list-style-type: none"> • Rights Respecting School • New year resolutions • SEAL- Going for Goals • Fox values - Caring and creativity • Fox values - Collaboration and independence • Eco - Environmental awareness 	<ul style="list-style-type: none"> • Fair trade fortnight • International women's day • Mothering Sunday • Spring Equinox (Pagan) • Lent - Ash Wednesday • School council update • Healthy eating and exercise 	<ul style="list-style-type: none"> • SEAL - relationships • Rights Respecting School • Wesak / Buddha Day 	<ul style="list-style-type: none"> • Eco - World Environment • Child Safety Week • Ramadan • SEAL - moving on
<p>Possible learning opportunities</p>						
	<p>Loving Learning</p>	<p>Be friendly, Be wise</p>	<p>Making a difference</p>	<p>Living long, Living strong</p>	<p>Relationships</p>	<p>Looking ahead, growing up</p>
<p>Year 1</p>	<ol style="list-style-type: none"> 1. Devising a class contract: rules & responsibilities 2. Getting to know each other 3. Listening effectively - linked to STAR 4. Knowing right and wrong 5. Happy playtimes 6. What is school 	<ol style="list-style-type: none"> 1. Making friends 2. Falling out with a friend 3. Anti-bullying 4. Drugs ed: Identify how to stay healthy 5. Drugs ed: medicines THE LION WHO HAD ASTHMA/HARRY AND THE ROBOT 	<ol style="list-style-type: none"> 1. Communities we belong to 2. Knowing right and wrong 3. ECO: What is Eco committee? COVERED IN PHASE ASSEMBLIES 4. ECO: Recycling 5. Needs of living things 6. ECO: Developing 	<ol style="list-style-type: none"> 1. It's good to be me - being unique - P4C LINK - RABBITYNESS/THE NEW JUMPER/DON'T CALL ME SPECIAL 2. What does it mean to be healthy? 3. SRE: basic hygiene, keeping clean, keeping 	<ol style="list-style-type: none"> 1. Feeling loved and cared for - P4C LINK - MY PRINCESS BOY 2. SRE: Different kinds of families - P4C LINK - AND TANGO MAKES THREE 3. Managing uncomfortable feelings (anger, 	<ol style="list-style-type: none"> 1. SRE: growing and changing, babies becoming adults, differences boys and girls 2. Managing changes 3. Moving on

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	council?	<p>6. Drugs ed: who gives us medicines?</p> <p>7. E-safety - COVERED IN ICT?</p>	responsibility; looking after animals/plants	<p>healthy</p> <p>4. Looking after our teeth</p> <p>5. Setting a simple personal goal</p>	<p>jealousy, pride, worrying, loss)</p> <p>4. Thoughts, feelings and behaviour</p> <p>5. Dealing with worries</p> <p>6. Supporting each other</p>	4. Special memories
Year 2	<p>1. Devising a class contract: rules & responsibilities</p> <p>2. Getting to know each other</p> <p>3. Gifts and talents</p> <p>4. Working cooperatively</p> <p>5. Communication skills - linked to STAR</p> <p>6. Being an effective learner</p>	<p>1. Making friends - What is a good friend?</p> <p>2. Valuing difference P4C LINK - RABBITYNESS/THE ARTIST WHO PAINTED A BLUE HORSE/THE NEW JUMPER COVER IN 'OTHERWISE' VISUAL LITERACY UNIT AUT 1</p> <p>3. Dealing with bullying</p> <p>4. Managing anger</p> <p>5. E-safety</p>	<p>1. Expressing opinions</p> <p>2. Voting and debating (link to local council)</p> <p>3. ECO: Saving energy around the school</p> <p>4. ECO: Pollution</p> <p>5. Money: why do we have money?</p> <p>6. Money: What does it mean to be rich? Keeping money safe.</p> <p>7. RE link: Diversity - learn about a range of festivals</p>	<p>1. Drugs ed: To explore substances and situations that are safe or unsafe</p> <p>2. Drugs ed: To identify hazardous substances</p> <p>3. Drugs ed: safety rules at home and at school</p> <p>4. Science link - COVERED IN SUMMER: food types/healthy eating</p> <p>5. Where food comes from (ethics)</p> <p>6. Science link - COVERED IN SUMMER Keeping healthy - rest and exercise</p>	<p>1. People who help us</p> <p>2. Different types of friends, including grown-ups - P4C LINK - NANNY FOX</p> <p>3. Recognising and dealing with worries - LINK TO THE OWL WHO WAS AFRAID OF THE DARK - LITERACY UNIT</p> <p>4. Truth and lies</p> <p>5. Secrets- understanding not to keep adults secrets</p> <p>6. Supporting each other - - P4C LINK - MY PRINCESS BOY</p>	<p>1. SRE: differences male and females and gender stereotypes</p> <p>2. SRE: Differences between boys and girls and lifecycle</p> <p>3. SRE: sexual difference and naming body parts</p> <p>4. Making change happen</p> <p>5. Managing change</p> <p>6. Moving on - feelings and goals</p>
Year 3	<p>1. Devising a class contract</p> <p>2. Rules and rights - LINK -WE ARE ALL BORN FREE - HUMAN RIGHTS IN PICTURES</p>	<p>1. The importance of friends</p> <p>2. It's good to be me</p> <p>3. Managing anger</p> <p>4. Drugs ed: Why people smoke and</p>	<p>1. Rules and laws</p> <p>2. Jobs at home and in school- New years resolutions</p> <p>3. Representation- local council</p>	<p>1. SRE: Differences male and female and naming body parts</p> <p>2. SRE: to explore touch and</p>	<p>1. Similarities and differences -- P4C LINK - MY PRINCESS BOY Covered in Jacqueline Wilson</p>	<p>1. How my body works Covered in Science</p> <p>2. Growing and changing</p>

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	<ul style="list-style-type: none"> 3. Gifts and talents 4. Being an effective learner - linked to STAR 5. Working cooperatively 6. Having opinions 	<p>the effect it has on the lifestyle</p> <ul style="list-style-type: none"> 5. Drugs ed: Physical effects of smoking 6. Drugs ed: Smoking and how society responds 7. E-safety <p>Covered in ICT Aut 1</p>	<ul style="list-style-type: none"> 4. Voting and debating 5. Money: Keeping track of my money- saving and spending 6. Money: What is fair trade? 7. Fundraising - LINK RED NOSE DAY 	<p>personal space and acceptable physical contact</p> <ul style="list-style-type: none"> 3. SRE: Different types of families and who to go to for support 4. Knowing where to go for help 5. Making wise choices 	<p>Lit unit - diff families</p> <ul style="list-style-type: none"> 2. Self-awareness DON'T CALL ME SPECIAL 3. Managing uncomfortable feelings, incl. peer pressure 4. Standing up for myself 5. Recognising and challenging stereotypes - P4C LINK - WILLIAM'S DOLL 	<ul style="list-style-type: none"> 3. Managing loss - BADGERS PARTING GIFTS 4. Moving on - dealing with change <p>Covered in Jacqueline Wilson Lit unit - diff families</p> <ul style="list-style-type: none"> 5. Setting achievable goals and overcoming barriers
Year 4	<ul style="list-style-type: none"> 1. Devising a class contract 2. Rights and responsibilities 3. Gifts and talents 4. Exploring feelings 5. Working cooperatively 6. Communication skills- linked to STAR 	<ul style="list-style-type: none"> 1. Friendships 2. Feeling good about yourself 3. Keeping safe in my local area- gangs etc 4. Helping and getting help 5. Emotional health- strong feelings and mood swings 6. Persuasion and pressure - not agree to keeping secrets, when it is ok to break confidence 	<ul style="list-style-type: none"> 1. Money: Keeping track of my money 2. Money: Planning and budgeting 3. Voluntary agencies and charity work - do some fundraising? LINK WITH RE UNIT - SACRIFICE AND RED NOSE DAY 4. ECO: Saving energy - LINK TO SCIENCE ELECTRICITY UNIT 5. ECO: Climate change 6. Media influence and sources of persuasion <p>COVERED IN GUIDED READING - LEAFLETS</p>	<ul style="list-style-type: none"> 1. Keeping healthy - exercise - COVER IN SPORTS WEEK AND LITERACY REPORT 2. Drugs ed: To understand the effects alcohol has on the body 3. Drugs ed: Alcohol and the related risks 4. Drugs ed: Limits to drinking alcohol 	<ul style="list-style-type: none"> 1. Different types of relationships (friends, families, civil partnerships, marriage) - P4C LINK PICNIC IN THE PARK/DAD DAVID, BABA CHRIS AND ME 2. Similarities and differences 3. Gender stereotypes - COVER IN WHALE RIDER LITERACY UNIT - P4C LINK - WILLIAM'S DOLL 4. Recognising and challenging prejudice - P4C LINK - THE 	<ul style="list-style-type: none"> 1. SRE: the human lifecycle 2. SRE: learn basic facts about puberty - HAIR IN FUNNY PLACES 3. SRE: explore how puberty is linked to reproduction 4. Wishes, hopes and dreams 5. Positive vs unwelcome change 6. Moving on - setting goals

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			AND LITERACY - PERSUASION		WHISPERER 5. How we are all connected 6. Living and working cooperatively	
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<p>Year 5</p>	<ol style="list-style-type: none"> 1. Devising a class contract 2. Understanding rules and laws 3. Gifts and talents 4. Being an effective learner- linked to STAR 5. Working cooperatively B&S 1b - TOUCH 6. Role models 	<ol style="list-style-type: none"> 1. Different types of friends- P4C LINK - 10,000 DRESSES B&S: 3c The Values auction 2. Conflict resolution 3. Managing anger 4. Agreeing and disagreeing 5. Being assertive 	<ol style="list-style-type: none"> 1. Having a say in the school community 2. Me in my community B&S: 5b Communities of support 3. Anti-social behaviour and the consequences of breaking laws 4. Fund raising - LINK RED NOSE DAY 5. ECO: Environmental awareness and responsibility 6. Money: earning money and lending and borrowing money 	<ol style="list-style-type: none"> 1. The concept of well-being 2. Managing feelings - staying happy 3. Drugs ed: To explore a range of legal and illegal drugs 4. Drugs ed: children's attitudes and beliefs to drug takers 5. Drugs ed: To consider strategies to resist drug use 6. Risky choices 	<ol style="list-style-type: none"> 1. Managing uncomfortable feelings e.g. embarrassment 2. Different types of relationships - P4C LINK - THIS DAY IN JUNE B&S 1c - love and intimacy 2b - positive and negative relationships 3. Put downs and boost ups 4. Marriage B&S: 3 - wedding words, perfect partners 5. Changing relationships e.g. transitions, loss, separation, divorce, bereavement - BADGER'S PARTING GIFTS 6. Forgiveness B&S: 4 Forgiveness 	<ol style="list-style-type: none"> 1. SRE: Talking about puberty - emotional and physical changes 2. SRE: Male and female puberty changes 3. To explore the impact of puberty on the body and the importance of physical hygiene 4. Unwanted changes 5. Dealing with change 6. Moving on 7. Setting goals
<p>Year 6</p>	<ol style="list-style-type: none"> 1. Devising a class contract 2. Being an effective learner 3. Working cooperatively- linked to STAR B&S 1b - TOUCH 	<ol style="list-style-type: none"> 1. Friendships B&S: 3c The Values auction 2. Supporting each other, valuing others - P4C LINK - 10,000 DRESSES B&S: 1a- LOVE:- 	<ol style="list-style-type: none"> 1. Rich and poor nations incl. poverty 2. Trade across the world 3. ECO: Global footprints - LINK TO GEOG UNIT - 	<ol style="list-style-type: none"> 1. What is a healthy lifestyle? 2. Drugs ed: To explore the effects, risks and law related to cannabis 3. Drugs ed: To 	<ol style="list-style-type: none"> 1. Different types of relationships- P4C LINK - THIS DAY IN JUNE B&S 1c - love and intimacy 2b - positive and negative 	<ol style="list-style-type: none"> 1. SRE: puberty and reproduction 2. SRE: conception and pregnancy 3. SRE: positive and negative ways of communicating in a relationship

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<p>4. Rights and responsibilities B&S: 6b - privilege and responsibility 5. Understanding democracy 6. Role models</p>	<p>wedding poetry - link in GR? B&S: 5b Communities of support 3. Risky choices and dealing with pressure 4. Standing out from the crowd 5. Being assertive 6. Anti-bullying incl. racism, homophobia - NELSON MANDELA LIT UNIT LINK</p>	<p>ANTARCTICA 4. Money: the role money plays, Value for money 5. Money: enterprise incl. 'interest', 'loan', 'debt', 'tax' 6. ECO: Climate change - LINK TO GEOG UNIT - ANTARCTICA 7. Sustainability issues</p>	<p>understand the risk of substance abuse 4. Drugs ed: Getting help, advice and support 5. Keeping safe in my local area - knife crime 6. The media and how it presents information - LINK TO HUNGER GAMES LIT UNIT OR IN GR SESSIONS ON PERSUASIVE TEXTS</p>	<p>relationships 2. Appropriate physical contact 3. Stereotyping and judgement - P4C LINK - THE WHISPERER - LINK IN RABBIT PROOF FENCE LIT UNIT 4. Put downs and conflict B&S: 5c solving a dilemma together 5. SRE: physical and emotional behaviour in relationships 6. Forgiveness B&S 4a/4b - forgiveness</p>	<p>4. Common responses to change 5. Transition and moving on B&S:6a What makes you feel great to be alive?</p>
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